

# Your local GP Practices



A General Practitioner (GP) is your family doctor and is the main point of contact for general healthcare for NHS patients. All UK residents are entitled to the services of an NHS GP. Registration is free of charge.

GPs deal with a whole range of health problems. They also provide health education, offer advice on smoking and diet, run clinics, give vaccinations and carry out simple surgical operations.

**If you aren't registered with a GP practice, it is easy to do so.**

## Register with a GP Find your nearest NHS doctor by visiting [www.nhs.uk](http://www.nhs.uk).

Contact the GP surgery and ask to register with them. They will ask you for some further information, including your address and date of birth.

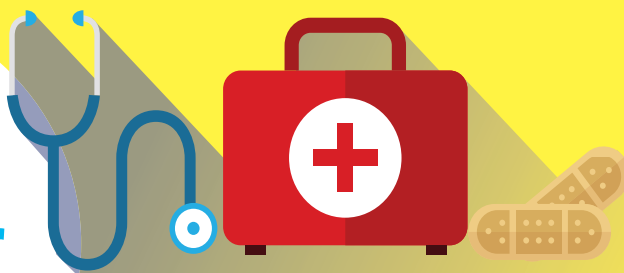
Some GP surgeries will also ask to see proof of your identity. For example, they may ask to see:

- Photo identity, such as your passport or driving licence
- Proof of your address, such as a recent council tax bill or utility bill. If you are homeless, you can register with a GP using a temporary address which may be a friend's address or a day centre. Some practices have used their own address in the past to register a homeless patient

### Temporary registration

If you want to see a GP and are visiting an area for more than 24 hours but less than 3 months, you can apply to register with a GP surgery as a temporary resident. Ask your nearest practice for application details.

# Other places to go for medical help



Ask your local Pharmacist for advice – your pharmacist can give you advice for many common minor illnesses, such as diarrhoea, minor infections, headache, travel advice or sore throats.



when it's less urgent than 999

Call NHS 111 if you urgently need medical help or advice but it's not a life-threatening situation.

You can also call NHS 111 if you're not sure which NHS service you need.

Call 999 if someone is seriously ill or injured and their life is at risk.

Visit a minor injuries unit or urgent care centre if you have a minor illness or injury (cuts, sprains or rashes) and it can't wait until your GP surgery is open.



For detailed information please visit the NHS Choices website:  
[www.nhs.uk/NHSEngland/AboutNHSservices/Pages/NHSServices.aspx](http://www.nhs.uk/NHSEngland/AboutNHSservices/Pages/NHSServices.aspx)

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